

**Progress 2023**  
**PROGRAM AGENDA**  
Hyatt Regency Coralville

**Thursday, October 5, 2023**

7:15 am Registration and Continental Breakfast

8:00 am Welcome and Announcements

**8:15 – 9:15 am**

**Health Care Providers and Health Policy: A Call for Engagement**

**Ann M. Sheehy, MD, MS**

Professor & Hospitalist

University of Wisconsin School of Medicine and Public Health

Madison, WI

**Objectives:**

1. Discuss the impact health policy decisions have on patient health and ability to access care
2. Describe the role hospitalists can play in the policy space, and how hospitalists can get involved

**9:15- 10:00 am**

**Clinical Use of Alcohol Biomarkers**

**Alan Gunderson, MD**

Clinical Associate Professor; Medical Director of Liver Transplantation; Medical Director of Digestive Health Clinics

Division of Gastroenterology and Hepatology

UI Carver College of Medicine

**Objectives:**

1. Identify biomarkers of alcohol consumption.
2. Discuss alcohol biomarker interpretation and confounding factors.

**10:00 Break**

**10:15-11:00 am**

**Zoonotic Infections**

**Jacob Hodges, MD**

Clinical Assistant Professor

Division of Infectious Disease

UI Carver College of Medicine

**Will Sander, DVM, MPH, Dipl. ACVPM**

Assistant Professor for Preventive Medicine and Public Health

Department of Veterinary Clinical Medicine, College of Veterinary Medicine

University of Illinois – Urbana-Champaign

Urbana, IL

**Objectives**

1. Discuss clinical presentations and management of select zoonotic infections
2. Discuss one-health approach to addressing zoonotic infections

**11:00-11:45 am**

**Update on the Status of Psychedelic Medications for Behavioral Health Disorders**

**Michael Flaum, MD**

Emeritus Professor of Psychiatry  
UI Carver College of Medicine

**Objectives:**

1. Summarize findings from key clinical studies of MDMA and psilocybin for behavioral health conditions (including mental health, addiction and end of life challenges)
2. Discuss the likely timeline for FDA approval of MDMA and psilocybin
3. Describe current studies of psychedelics underway at the University of Iowa Department of Psychiatry

**11:45                      Lunch and SHM Poster Session**

**1:00 – 2:00 pm                      Concurrent Session 1 – Select one**

**A: Colorectal Neoplasia: Surveillance Strategies and Special Considerations**

**Dean Abramson, MD**

Clinical Associate Professor  
Division of Gastroenterology & Hepatology  
UI Carver College of Medicine

**Objectives:**

1. Discuss updated guidelines for Surveillance Colonoscopy
2. Describe current controversies in CRC Screening
3. Describe changing CRC Demographics

**B: Change is Inevitable: Updates in the Management of HIV**

**Dena Behm Dillon, Pharm.D., AAHIVP, HIV Prevention Certified Provider**

Clinical Pharmacy Specialist, University of Iowa Health Care  
Consultant, Midwest AIDS Training + Education Center (MATEC-MN/IA)  
Adjunct Associate Professor, University of Iowa College of Pharmacy

**Quanhathai Kaewpoowat, MD**

Clinical Assistant Professor  
Division of Infectious Diseases  
UI Carver College of Medicine

**Objectives:**

1. Discuss HIV testing in PrEP era
2. Discuss the preferred antiretroviral regimens for patients living with HIV
3. Summarize the evidence supporting the use of two-drug regimens vs. traditional three-drug regimens
4. Discuss new recommendation of feeding options for infants born to individuals with HIV

**2:00                      Break**

**2:15 – 3:15 pm** Concurrent Session 2 – Select one

**A: Staph aureus bacteremia: An Update for Primary Care Providers**

**Jason H. Barker, MD**

Associate Professor

Division of Infectious Diseases

UI Carver College of Medicine

**Objectives:**

1. Discuss the role of metastatic infection in outcomes in Staphylococcus aureus bacteremia (SAB)
2. Describe the factors make SAB “complicated”
3. Discuss the components of appropriate care for patients with SAB

**B: FMT (Fecal Microbiota Transplantation) in the Treatment of Clostridium difficile Infection**

**Mohammad Salman Ansari, MD**

Clinical Assistant Professor

Department of Gastroenterology and Hepatology

UI Carver College of Medicine

**Objectives:**

1. Discuss updated treatments of Clostridium difficile infection
2. Discuss the role of FMT in treatment of C diff, including new FDA approved formulations

**3:15** **Break**

**3:30 – 5:00 pm** ACP Clinical Vignettes (No MOC)

**ACP Clinical Vignettes (No MOC)**

Residents

**Objectives:**

1. Describe the clinical presentation of uncommon medical conditions or uncommon presentation of a common condition.
2. Describe the diagnostic evaluation of the medical conditions presented
3. Discuss the recommended treatment of the medical conditions presented

**Friday, October 6, 2023**

7:15 am Registration and Continental Breakfast

8:00 am Welcome and Announcements

**8:15 – 9:15 am**

**Challenging the Dogma About How to Treat Common Infections in Hospitalized Patients**

**Daniel Livorsi, MD, MSc**

Associate Professor

Division of Infectious Diseases

UI Carver College of Medicine

**Patrick Kinn, PharmD, MPH**

Clinical Pharmacy Specialist – Infectious Diseases

Department of Pharmaceutical Care

University of Iowa Hospitals and Clinics

**Objectives:**

1. Review recent literature on optimal antibiotic duration for common infections
2. Identify opportunities to prescribe oral instead of intravenous antibiotics for common infections

**9:15- 10:00 am**

**Es/ketamine in Treatment-Resistant Depression**

**Mark Niciu, MD, PhD**

Assistant Professor of Psychiatry/Iowa Neuroscience Institute

Department of Psychiatry

University of Iowa Health Care

**Objectives:**

1. Describe the evidence in support of intravenous ketamine in treatment-resistant depression
2. Describe the evidence in support of intranasal esketamine insufflation as an adjunctive treatment in treatment-resistant depression and acute suicidal ideation and behavior
3. Discuss es/ketamine's place in the treatment algorithm for treatment-resistant depression and important referral and evaluation considerations

**10:00**

**Break**

**10:15- 11:00 am**

**Treating Alzheimer's Disease: Updates and Controversies**

**Scott T. Larson, MD, FAFAP**

Clinical Assistant Professor

Department of Family Medicine

UI Carver College of Medicine

**Jeff Reist, BS, PharmD, BCPS**

Clinical Associate Professor of Pharmacy Practice and Science

UI College of Pharmacy

**Objectives:**

1. Describe the pathogenesis of Alzheimer's disease and the proposed mechanism of the the "amyloid hypothesis"
2. Discuss the development history, pharmacology, and controversial FDA approval of aducanumab
3. Discuss the newest FDA-approved beta-amyloid targeting drug, lecanemab
4. Discuss potential risks and benefits of the use of beta-amyloid targeting drugs, for individual patients and for the United States health care system

**11:00-11:45 am** \_\_\_\_\_

**Making the grade: with treatment simpler than ever, why is Iowa failing in the effort to eliminate hepatitis C?**

**Tomohiro Tanaka, MD, MPH**

Clinical Associate Professor

Department of Gastroenterology & Hepatology

University of Iowa Healthcare

**Tony Huynh, PharmD, BCACP, AAHIVP**

Clinical Pharmacy Specialist

Department of Pharmaceutical Care

University of Iowa Healthcare

**Objectives:**

1. Develop a simplified treatment and monitoring plan for patients with hepatitis C who are treatment-naïve and with or without compensated cirrhosis
2. Recognize the primary barriers restricting widespread treatment of hepatitis C and recommend strategies to improve medication access within the state of Iowa and beyond

**11:45**

**Lunch on your own**

**1:00 – 2:00 pm** Concurrent Session 3 – Select one

**A. A Clinical Approach to the Diagnosis of Encephalitis**

**Christine Gill, MD**

Clinical Assistant Professor

Department of Neurology

**Objectives:**

1. Discuss the clinical presentation and evaluation of patients with suspected encephalitis
2. Review features of common infectious and autoimmune causes of encephalitis

**B. Clinical Updates**

**Katherine I. Harris, MD**

Clinical Professor

Division of General Internal Medicine

UI Carver College of Medicine

**Daniel J. Leary, MD, PhD**

Hospitalist Program Director

Mercy Iowa City

Iowa City, IA

**T. Michael Farley, PharmD**

Clinical Associate Professor/ Clinical Pharmacist

University of Iowa College of Pharmacy/Mercy Hospital Iowa City

Iowa City, IA

**Objectives:**

1. Discuss recent practice changing trials and discuss clinical impact
2. Apply evidence-based approach to patient cases/clinical cases

**2:00** **Break**

**2:15-3:15 pm**

**Progress Challenge**

**Joe Szot, MD**

Associate Dean for Continuing and Integrated Medical Education

Clinical Professor of Internal Medicine

UI Carver College of Medicine

**Ryan Jacobsen, PharmD, RPh**

Clinical Associate Professor

Clinical Pharmacy Specialist

Department of Pharmacy

UI Health Care

**Objectives:**

1. Recall key learning points
2. Demonstrate knowledge learned by answering challenge questions as a team

**3:15 Adjourn**

## Accreditation



In support of improving patient care, this activity has been planned and implemented by the University of Iowa Roy J. and Lucille A. Carver College of Medicine, ACP Iowa Chapter, and SHM Iowa Chapter. The University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physician:** The University of Iowa Carver College of Medicine designates this live activity for a maximum of 12.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**ABIM MOC:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit."

**Pharmacist:** The University of Iowa Carver College of Medicine designates this knowledge-based activity for a maximum of 12.0 ACPE contact hours. Credit will be uploaded to the NABP CPE Monitor within 60 days after the activity completion. Pharmacists must complete the online evaluation and provide their NABP ID and DOB (MMDD) to receive credit. UAN:

**Nurse:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 12.0 ANCC contact hours.

**Other Provider:** All other participants will receive a certificate of participation for this conference upon completion of the online evaluation. It is the responsibility of each attendee to determine if the continuing education programs they attend meet the requirements of their professional licensure board.